

## **Health & Wellness Finalist: Mosaic West Sac**

### **What We Do:**

- For those who are unsheltered, provide emergency food bags, clothing, and hygiene items.
- For those impacted by substance-use, mental-health disorders and other traumas, provide daily safe space of Recovery Cafe, with hot meals, support groups, and life skills programming.
- For those from our priority population wanting to become employment-ready, provide paid, 12-month, trauma-informed internships through Jobs and Mentoring Academy.
- For those overwhelmed by medical or social-services systems, provide case managers to build relationships and monitor progress.
- For those needing housing, 20 units of permanent supportive housing next to the Recovery Cafe as part of holistic Mosaic Village vision.

Who We Serve: Today, a child born in the West Capitol Corridor of West Sacramento has a life expectancy that is 20 years less than that of a child born in Davis, just 10 miles away. That statistic, released by the Yolo County Department of Health, sadly and succinctly summarizes the generational poverty, substance use, homelessness, and trauma that plagues the most vulnerable West Sacramentans. These are the people served by Mercy Coalition.

### **Grant Funds Will:**

- Expand availability and deepen quality of Recovery Café programming to include Saturdays.
- Expand physical space to accommodate more daily café visitors.
- Expand the amount and quality of recovery education/outreach.
- Expand income generation that will sustain these increases.

### **The award will annually facilitate:**

- An additional 1,500 visits to Recovery Café.
- More than 100 unique individuals in programming.
- Result in at least 50 additional referrals to system navigation and supportive services.
- Expansion of Community Support and Enhanced Care Management services, both reimbursed through CalAIM at a billable medical rate, and the City of West

Sacramento's Edible Food Recovery program will generate approximately \$90,000 net per year, making the project sustainable long-term.